

### **Spay/ Neuter Discharges**

Your pet has undergone treatment at Twin Peaks Veterinary Center for spay or neuter..

Please do not give any type of over the counter pain medications such as Acetaminophen, Naproxen, Ibuprofen or Aspirin. These products can be potentially fatal to dogs and cats.

Your pet had anesthesia today. Please be aware that dogs and cats, just like people, recover from anesthesia differently. It can take 24 to 48 hours for the anesthetic to fully leave your pet's system. Do not be surprised if he/she sleeps for the rest of the day. If your pet is hungry, please offer only 1/3 the amount of food he/she would normally eat. If he/she is still acting hungry 2 to 3 hours after being fed, you may feed the remainder of the food. Please watch carefully to make sure that your pet does not eat too fast or too much.

If your pet has sutures or staples they should be removed in 10 to 14 days. Please make an appointment for removal. There is no charge for this appointment. However, Twin Peaks Veterinary Center will not be held responsible for complications arising from the suture or staple removal if a staff member of Twin Peaks Veterinary Center did not perform the removal.

Please check the incision twice a day. Some swelling and redness is expected. If the swelling doubles, the incision is discharging or the redness increases please call the office at 572-8300. Discourage your pet from licking at the incision. An E-collar may be necessary and can be purchased at Twin Peaks Veterinary Center or a local pet store.

Applying a warm compress may be beneficial. Use a warm wet washcloth and replenish it until you have applied the warmth for 10-15 minutes two to three times a day.

Post spay/neuter feeding. After the spay/neuter surgery your pets hormone levels will change, so you should transition your pet to an adult food to avoid unwanted weight gain. This can be done slowly over a few weeks. As long as you are feeding a quality food, this can be done safely as early as 7 to 8 months of age. In addition, we strongly recommend meal feeding once to twice daily, using the feeding guide on your bag of food. Start with the low end of the range and adjust for activity level and breed. We are happy to provide a measuring cup to ensure appropriate amounts.

Please keep your pet as calm and quiet as possible until the incision is fully healed. He/she should be walked outside on a leash. Discourage jumping and playing.

Please recheck in 10-14 days for suture/staple removal, or sooner if you are worried in any way.



**7555 W Twin Peaks Road. Tucson, AZ 85743**

**Phone: (520) 572-8300**

**Fax: (520) 572-2289**

**[www.twinpeaksvet.com](http://www.twinpeaksvet.com)**

I understand that every effort has been made by Twin Peaks Veterinary Center to ensure a complete recovery from surgery. I understand the instructions above and agree to hold Twin Peaks Veterinary Center harmless should complications arise from not following all post surgical instructions.

If you have any questions, please don't hesitate to call our office at 520-572-8300. Please be aware there is no one on premises when Twin Peaks Veterinary Center is closed. If you are worried about your pet in any way after we are closed please call Veterinary Speciality Center of Tucson at 520-795-9955 or Southern Arizona Veterinary Specialty and Emergency at 520-888-3177.